

Bedlington & Choppington Children's Centre

What's On Sept - Nov 2018



TUESDAY

Midwife Booking Clinic 9.00am - 2.00pm

Must book an appointment

Learning Together Through Play

10.00am - 11.30am

Parent and toddler group for children 0-5 years old Call in anytime, no need to book. £1.00 per family Term time only

Messy Play

at

Guidepost Clinic 11.15am - 12.15pm

Starting 25 September For children aged 0-24 months old.

£1.00 per family

WEDNESDAY

Midwife Booking Clinic

9.15am - 1.30pm

Must book an appointment

Maths

9.30am - 11.30am **English**

12.30pm - 2.30pm

Ongoing
Work towards a nationally
recognised qualification
Level 1 or Level 2
Free crèche places available
Term time only

Bedlington Children's Centre

Stead Lane Bedlington Northumberland NE22 5JS

THURSDAY

Stop Smoking Clinic

9.15am - 12.15pm

Free advice & support
To make an appointment
Call 01670 813135



Parent Craft 10.00am - 12.00pm

Ante-natal advice & information.
See reverse for details
Programme
available from reception

Breastfeeding Support 1.00pm - 2.30pm

Come along and join us for information, advice & support

FRIDAY

Baby Play

10.00am - 11.30am

Sensory area available
to use during session
For children under 1 years
£1.00 per family
Term time only

C-Card Scheme

Available for young people up to 24 years old
Call 01670 822714 for more details.

SATURDAY

D.A.D.S. Group

at

Ashington Children's Centre 10.00am - 11.30am

For Dads, male carers and their children with fun activities Dates to be confirmed No need to book

£1.00 per family

Please be advised
when booking onto courses,
priority is given to
families living in the
area with children aged
0 - 5 years

01670 822714

Sensory Room

Our sensory room is now open and can be booked for families to use.

The sensory room is available to use most mornings, please contact 01670 822714 to book an induction

For more details about any of the courses, please visit our website www.centralnorthumberlandchildrenscentres.org

Free Childcare for Two Year Olds

Did you know any parent in Northumberland with a child already 2 years old and who have a household income of less than £16,190 or their child has a disability could be entitled to 15 hours of FREE fun and learning for their child.

To find out if you are entitled and where you can use the funding, call Northumberland County Council on 01670 623592 or 0800 023 4440

or visit www.northumberland.gov.uk/freechildcare

Want To Stop Smoking?

If so did you know you are more likely to quit with help and support?

Want to know more about e-Cigarettes or Vaping?

We welcome anyone who is already using them or

just needs further advice.

Northumberland Stop Smoking Service 01670 813135

Child Health Clinics

Tuesday 9.30am - 11.00am at Guidepost Clinic

Wednesday 1.30pm - 3.00pm at The Gables Clinic

Thursday 9.00am - 11.00am at Bedlingtonshire Clinic

Find us on Facebook

Playgroup

Leave your child with our fully qualified Playgroup staff and help get them ready for school.

Sessions are for children aged from 2 - 3 years.

£12.60 per session or FREE depending on income and benefits criteria. For more information contact Bedlington Children's Centre on 01670 822714

Bedlington Station Primary School Monday - Friday 8.45am - 11.45am Bedlington Children's Centre Monday - Friday 12.45pm - 3.45pm



by Action For Children

Baby Play

Calling all parents/carers with children. Come along to our Baby Play Group every Friday morning. Meet new people, sing songs, sensory play, lots of fun activities and music.

No need to book, just come along

Parent Craft

A great opportunity for parents-to-be and their supporters to get useful information and ideas to help you prepare for childbirth and caring for your new baby.

Full details of dates available from reception or you can ring 01670 822714